

2010 Cuyamaca 3 Pks Trail 50K Run

6/9/2010 10:05 AM

Start/ Finish @ Old Boy Scout Camp (Camp Hual-Cu-Cuish)

Loop/Leg	Section Miles	Total Miles	Terrain	
Loop #1				
Leg #1				Start
	0.2		Roll'g	Lv the Start, north on Milk Rch Rd, X over Hwy 79
	0.4	0.6	Roll'g	X over Hwy 79, east (right) on Minshall Tr @ Big Bend
	0.8	1.4	Roll'g	Minshall Tr - Loop the peninsula via the lake shore, north then east
	0.5	1.9	Roll'g	Continue east then south loop of the peninsula via the lake shore
	0.9	2.8	Roll'g	Continue south (straight) to Los Vaqueros Horse Camp
	0.1	2.9	Roll'g	Bare Right, east onto Los Vaqueros Tr into Los V. Horse Camp, south east
	0.4	3.3	Flat	Hard Right, north west (almost 180) onto Vern Whitaker Tr, north west
	1.5	4.8	Up ++	Left turn, south onto Stonewall Pk Tr (back side)
	1.9	6.7	Dwn +++	Straight (west) just cutting off the peak of Stonewall
6.7			Flat	X Hwy 79 into Paso Picacho Aid Station #1, on the right
Leg #2				Paso Picacho AS #1
	0.3	7.0	Roll'g	Lv PP A.S. west trail parallels campsites, west
	0.4	7.4	Roll'g	Continue straight onto Azalia Glen Tr, northwest
	1.5	8.9	Up	Continue on Azalia Glen Loop Tr (north sec.) north, then south west
	0.6	9.5	Roll'g	Right turn onto Azailia Spring Fire Rd (dirt), north west
				X Milk Rch Rd, continue slightly left onto Middle Pk Loop Tr**, west side
	1.5	11.0	Up	Middle Pk Loop Tr** (WEST side), north
	2.5	13.5	Dwn +	Continue straight onto Middle Pk Fire Rd (dirt), south east
6.8				Start/Finish AS #2
Loop #2				
Leg #1				Start/Finish AS #2
	2.3	15.8	Up +	U turn back up Middle Pk Fire Rd, north west
	1.1	16.9	Dwn	Left turn onto Middle Pk Loop Trail**, south west
	0.1	17.0	Flat	Right turn for short (+/- 200 feet) on Milk Rch Rd , west
	0.2	17.1	Up	Left turn onto Azailia Spring Fire Rd, south
	1.8	18.9	Up +++	Right turn onto Conejos Tr, south west
	0.5	19.4	Up	Right turn onto paved road (Cuyamaca Pk Rd), south
6.0				Cuyamaca Pk AS #3
Leg #2				Cuyamaca Pk AS # 3
	0.4	19.8	Dwn	Cuyamaca Pk AS, U turn down paved road, north
	0.8	20.6	Dwn ++	Right turn, south east onto Burnt Pine Fire Tr, south east
	2.5	23.1	Dwn ++	Right turn onto contiuation of Burnt Pine Fire Tr, south east
	0.7	23.8	Dwn	Left turn onto West Mesa Fire Tr (north sec.), south west
	0.6	24.4	Dwn	Right turn onto continuation of West Mesa Fire Tr (north sec.), north east
	0.9	24.7	Dwn +	Right turn, east onto Fern Flat Fire Tr, south east
	0.6	25.3	Dwn	Left onto West Mesa Loop Fire Rd (dirt) (south portion), north east
6.5				Cold Stream AS # 4, Xng at Hwy 79
leg #3				Cold Stream AS # 4
	0.2	25.5	Roll'g	Depart left on Cold Stream Trail, north
	1.2	26.7	Up	Right turn onto Cold Spring Tr, north east
	1.3	28.0	Up	Stonewall Creek Fire Road (dirt), north
	0.5	28.5	Roll'g	Left, west onto Vern Whitaker Tr (becomes Los Vaqueros Tr)
			Flat	Continue straight at "Y" in trail right after Los Vaqueros Horse Camp
	0.9	28.9	Roll'g	Right turn, north onto Minshall Trail, north
	1.3	30.2	Roll'g	Minshall Tr loop around lake shore (opposite of the outbound section)
	0.4	30.6	Flat	Continue straight at trail interseccion, west
				X Hwy 79, west bound
	0.2	30.8	Flat	Left, toward Milk Rch Rd, onto Milk Rch, south west
6.0				Left into the Boy Scout Camp (finish line area)
32.0				Total Distance

** Middle Pk Loop Tr is now known as Black Oak Tr